

SIGMA LEISURE

walking and cycling guides
local interest books

2011 catalogue



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All our books can be purchased directly from our website using secure order processing. The site includes current prices and publication dates and an update service for some of our books, listing important changes (e.g. route diversions, closure of facilities etc). We maintain a number of 'links' from our site to others that are of interest, ranging from speed record sites to hotel accommodation in support of our overseas guides.

OUT OF PRINT TITLES:

Occasionally, a Sigma Leisure book may not be available. This may be because it is being reprinted, in which case it is normally available again in a matter of weeks.

TRADE ORDERS:

Our sole UK distributor is Stobart Davies, Sigma Leisure's parent company at the address at the top of this column. (Our books are also available from national and regional wholesalers.)

Prices are subject to publisher's increases.

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Cover photo: Lake at Blenheim by Chris McLaren	



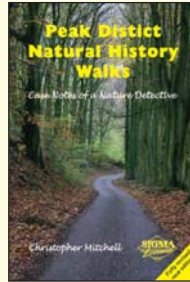
Macclesfield Hall of Fame

Bob Burrows

For a town of its size, Macclesfield has made an astonishing contribution to the history and social culture of Great Britain. Its citizens have excelled in the arts, military, science, politics, business, music, literature, media, sport and show business. This book features those Maxonians who have achieved fame in their chosen field having been born, raised, education or spent many years in this Cheshire town.

978-1-85058-900-6 240pp £9.99

Publishing date December 2010



Peak District Natural History Walks 2nd Ed

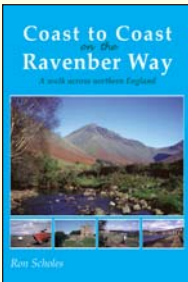
Case Notes of a Nature Detective

Christopher Mitchell

An updated 2nd Edition with 18 varied walks for all lovers of the great outdoors — and armchair rambles too! Learn how to be a nature detective, a 'case notes' approach shows you what clues to look for and how to solve them. Detailed maps include animal tracks and signs, landscape features and everything you need for the perfect natural history walk.

978-1-85058-877-1 192pp £8.99

Publishing date January 2011



Coast to Coast on the Ravenber Way

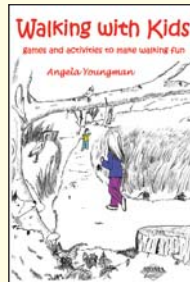
A walk across northern England

Ron Scholes

The walk described in the book follows existing rights of way in the form of footpaths, bridleways and tracks, making this cross-country route a challenging long-distance journey. The walk commences at Ravenglass, it passes Lakeland's finest array of high peaks, climbs over the high Pennines, traverses the northern moors and ends at Berwick-upon-Tweed.

978-1-85058-871-9 256pp £9.99

Publishing date January 2011



Walking with Kids

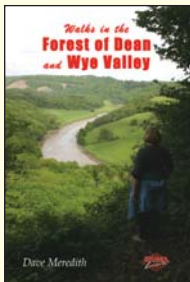
Games and activities to make walking fun

Angela Youngman

Going for a walk can be great fun, educational and healthy. This book offers games and activities introducing kids to the environment whilst walking include tracking, looking for signs of changing seasons, mini beast hunting, feather collecting and art and craft activities in woods, forests, open country, rivers, seaside, towns and evening walks.

978-1-85058-887-0 160pp £8.99

Publishing date January 2011



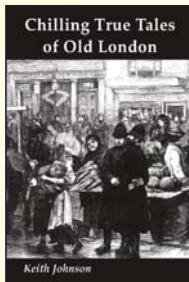
Walks in the Forest of Dean and Wye Valley

Dave Meredith

The Forest of Dean and Wye Valley is a paradise for both the keen Rambler and the casual stroller. The 22 walks described in this book are along easy footpaths taking you to spectacular viewpoints, along woodland glades carpeted with bluebells, daffodils and foxgloves, and under the dappled shade of its golden autumn canopy.

978-1-85058-875-7 176pp £8.99

Publishing date February 2011



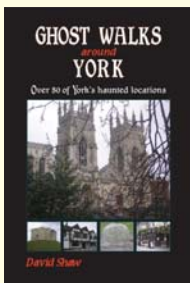
Chilling True Tales of London 2nd Ed

Keith Johnson

The tales in this book recall the reality of life in 19th century London. In a city of reeking pestilence, five hundred people went weekly to an early grave - the victims of disease. The fears of violence and plunder were always in mind, with the evil-hearted infesting the narrow courts and alleyways. Two hundred offences were punishable by death, and the law and its severity terrified all who fell foul of it.

978-1-85058-891-7 256pp £9.99

Publishing date February 2011



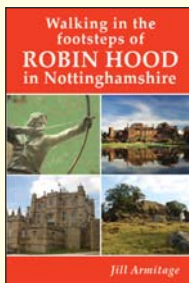
Ghost Walks around York

Over 50 of York's haunted locations
David Shaw

For over 20 years David Shaw has been a regular visitor to the beautiful and historic city of York and during his pleasant stays gradually became aware of the enormous wealth of reported ghost sightings in the area. The walks in this illustrated book include descriptions of hauntings in 60 locations.

978-1-85058-868-9 112pp £7.99

Publishing date February 2011



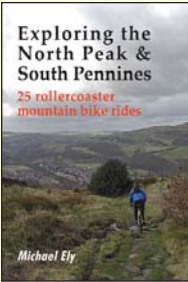
Walking in the Footsteps of Robin Hood

in Nottinghamshire
Jill Armitage

This book roots out the places mentioned in traditional old tales and visits the locations that Robin and his men would have known. Walk through some of middle England's finest countryside on miles of well-marked footpaths to interesting historical sites associated with the outlaw legend.

978-1-85058-889-4 192pp £8.99

Publishing date March 2011



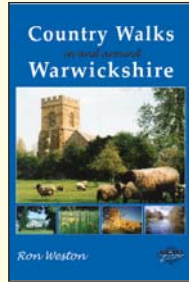
Exploring the North Peak and South Pennines

25 rollercoaster mountain bike rides
Michael Ely

This book will inspire you to pump up the tyres and oil the chain for some excitement, exercise and a feast of rollercoaster riding as you join Michael Ely on some great mountain biking in these Pennine hills. The 25 rides are more or less circular and between 15 and 27 miles in length.

978-1-85058-865-8 160pp £8.99

Publishing date March 2011



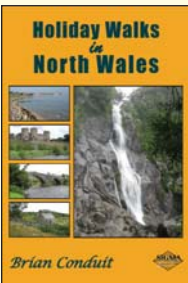
Country Walks in and around Warwickshire

Ron Weston

This selection of 32 Warwickshire walks takes you on a journey of picturesque villages and historic churches, stately homes and castles, famous gardens and medieval tracks bound together by a superb network of public footpaths and canal towpaths and sometimes spilling over into adjoining counties.

978-1-85058-870-2 144pp £8.99

Publishing date April 2011



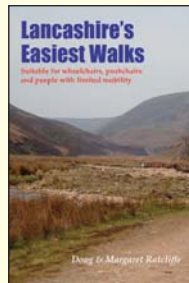
Holiday Walks in North Wales

Brian Conduit

20 walks ranging from 2 to 6 miles in length, all within the capabilities of most people, varying in difficulty and the nature of the terrain. The scenery is varied and magnificent and the walks vary from easy and flat riverside strolls to more challenging walks in the Snowdonia National Park or on the slopes of the Clwydian hills.

978-1-85058-864-1 160pp £8.99

Publishing date April 2011



Lancashire's Easiest Walks

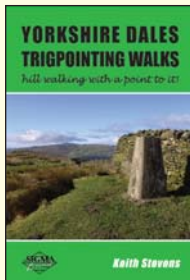
Suitable for wheelchairs, pushchairs and people with limited mobility

Doug & Margaret Ratcliffe

Lancashire and surrounding area has become far more accessible for wheelchairs and pushchairs in recent years. Although essentially a book for wheelchair users, these 36 specially selected short walks are all equally suitable for people with limited mobility and for very young children.

978-1-85058-892-4 120pp £8.99

Publishing date April 2011



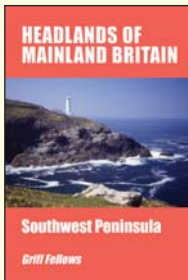
Yorkshire Dales Trigpointing Walks

Hill walking with a point to it!
Keith Stevens

A superb introduction to an intriguing new walking experience; searching out all those elusive Ordnance Survey pillars. Packed with detailed walks to new and interesting Yorkshire Dales summits, with a wealth of fascinating information on the history of the OS and the art of GPS navigation

978-1-85058-869-6 176pp £9.99

Publishing date May 2011



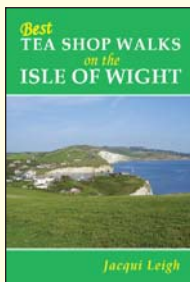
Headlands of Mainland Britain

Southwest Peninsula
Griff Fellows

There is enjoyment for people both young and old, sedentary or sprightly, on headlands around our coasts. This book entices readers to leave the crowded beaches to explore the headlands for themselves. It is planned to be the first of six guide books to cover the whole of mainland Britain.

978-1-85058-896-2 160pp £12.99

Publishing date May 2011



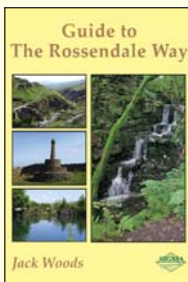
Best Tea Shop Walks in the Isle of Wight

Jacqui Leigh

The Isle of Wight is a wonderful place to walk with 500 miles of footpaths, the highest footpath density in the UK, and numerous teashops in beautiful locations. The walks in this book vary in length and difficulty; some include at least part suitable for wheelchair users or pushchairs, giving the option of 'there and back' walks. The teashops range from the very tradition to modern cafe style establishments.

978-1-85058-893-1 120pp £8.99

Publishing date May 2011



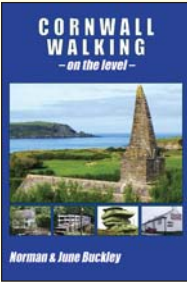
Guide to the Rossendale Way

Jack Woods

A 45-mile circuit walk with extensive views and a wealth of fascinating archaeological, social and industrial history to be explored. The walk is broken down into 9 shorter walks from 1¼ miles to 9 miles, taking you from Clough Head, Haslingden Grane through old paths and trails and onto wild moorland, climbing the hills to the Lancashire/Yorkshire Border and following pathways around the boundary of Rossendale.

978-1-85058-894-8 120pp £8.99

Publishing date June 2011



Cornwall Walking on the level

Norman & June Buckley

This seventh volume extends the Sigma 'Level Walk' series to Cornwall, a county of great walking potential, but with so many of the popular areas needing the ability to tackle prolonged and steep climbs, particularly along the South West Coast Path. This book selects and illustrates twenty-eight routes, mainly circular, which explore some of the finest parts of the county, without serious ascent.

978-1-85058-895-5 128pp £8.99

Publishing date June 2011



Adventure Walks for Little Explorers

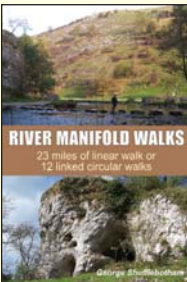
in the Yorkshire Dales

Rebecca Chippindale & Rebecca Terry

This isn't just a book of fifteen walks for small children – it's an all-inclusive family adventure. Grab your 'Kit' and prepare to open up your senses. Feel parts of the journey, *magnify* the Yorkshire Dales, collect items along the way and create something different when you get home.

978-1-85058-897-9 144pp £8.99

Publishing date July 2011



River Manifold Walks

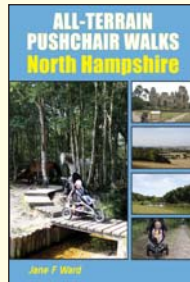
23 miles of linear walk or 12 linked circular walks

George Shufflebotham

The Manifold Trail linear walk, and 12 circular walks, take the walker on a journey along the length of the River Manifold, from its source in the high and remote moorland at Flash to the popular wooded valleys of Illam and Dovedale where the Manifold becomes a tributary of the River Dove.

978-1-85058-912-9 128pp £8.99

Publishing date July 2011



All-Terrain Pushchair Walks

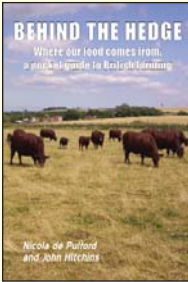
North Hampshire

Jane F Ward

30 carefully selected all-terrain buggy walks in beautiful North Hampshire. From strolls through ancient forests, heathland rambles to spectacular uplands romps. Whether you're walking to keep fit or to enjoy the great outdoors, this book features detailed walk descriptions together with clear maps, local attractions and where to get refreshments.

978-1-85058-907-5 128pp £8.99

Publishing date July 2011



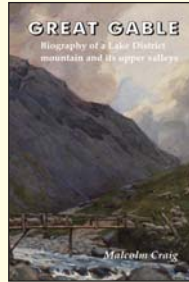
Behind the Hedge

Where our food comes from:
a pocket guide to British farming
Nicola de Pulford & John Hitchins

This beautifully illustrated easy-to-follow guide shows the different ways our food is produced and how this shapes the nature of the British countryside. It will help you recognise the crops, farm animals and wildlife on the *other* side of the hedge. A must-have handbook for anyone walking or driving through the countryside.

978-1-85058-915-0 256pp £14.95

Publishing date July 2011



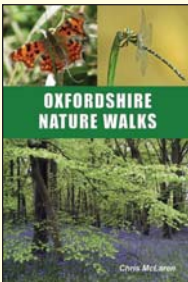
Great Gable

Biography of the Lake District mountain and its upper valleys
Malcolm Craig

Great Gable is considered to be somewhat special. This is a personal view of one Lake District mountain and its immediate upper valleys, a mountain held in great affection by many walkers and climbers, taking a deeper, more intimate look at the mountain and all forms of life on its slopes from the earliest beginnings.

978-1-85058-899-3 256pp Hardback £20

Publishing date August 2011



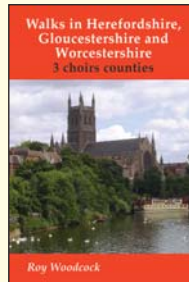
Oxfordshire Nature Walks

Chris McLaren

Oxfordshire retains considerable swathes of beautiful countryside - from the wildness of Otmoor, across rolling Chiltern and Cotswold landscapes to a myriad of wildlife reserves within easy reach of town and country dwellers alike. In this book the author helps the reader explore the wildlife of the region through the seasons and via twenty-four exciting walks.

978-1-85058-914-3 128pp £12.99

Publishing date August 2011



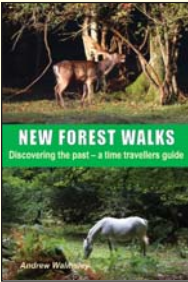
Walks in Herefordshire, Gloucestershire and Worcestershire

3 choirs counties
Roy Woodcock

A collection of 30 walks split across the 3 choirs counties, which can boast attractive scenery ranging from the stone villages of the Cotswolds to the flat lands alongside the Severn and extensive woodlands of the Forest of Dean.

978-1-85058-901-3 160pp £8.99

Publishing date August 2011



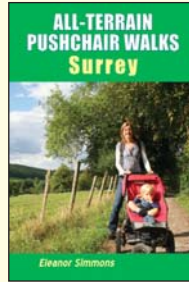
New Forest Walks

Discovering the Past – a time travellers guide
Andrew Walmsley

Explore the New Forest with this series of 16 walks through ancient landscapes where long-forgotten bumps, hollows and moss-clad earthen banks have stories to tell of Bronze and Iron Age peoples, Romans, Normans and others who lived, worked and hunted here. Illustrated throughout with photographs that bring to life the secret past of this remarkable corner of England.

978-1-85058-911-2 160pp £12.99

Publishing date September 2011



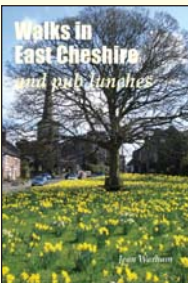
All-Terrain Pushchair Walks Surrey

Eleanor Simmons

A collection of 30 varied and multi-terrain pushchair friendly walks in the beautiful Surrey countryside. Enjoy gentle woodland and riverside strolls and more strenuous hikes in the Surrey hills. Each route has a map, directions and essential information for fun and easy walking with babies and young children.

978-1-85058-906-8 128pp £8.99

Publishing date September 2011



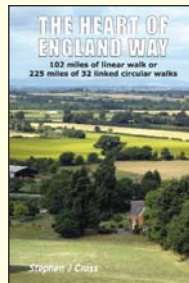
Walks in East Cheshire

and pub lunches
Jean Warham

25 walks, all circular and about 3 to 4 miles long. They are never too steep or difficult, and can be walked at an easy pace in about one and a half to two hours, allowing time to admire the view or look at the birds or wild flowers along the way. They are all chosen for their variety of scenery, including particular places of beauty or interest.

978-1-85058-903-7 144pp £8.99

Publishing date October 2011



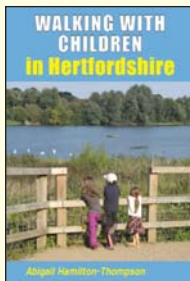
The Heart of England Way

102 miles of linear walk or 225 miles of 32 linked circular walks
Stephen J Cross

The Heart of England Way, and 32 circular walks, take the walker on a journey slicing through the quieter areas of midland, shire, countryside; from the north edge of Cannock Chase, to Bourton on the Water; providing a fascinating view through the back door of the regions history, people, buildings and landscape.

978-1-85058-908-2 160pp £8.99

Publishing date October 2011



Walking with Children in Hertfordshire

Abigail Hamilton-Thompson

Dotting the county of Hertfordshire, this book has 25 circular walks suitable for families and tried out by the author's own children. The book includes questions to answer along the way. All the walks are under 5 miles in length and include exploring the Lee Valley Park and Roxford Grotto wood.

978-1-85058-910-5 160pp £8.99

Publishing date October 2011



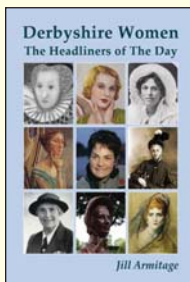
A Lakeland Saga

A Story of the Collingwood and Alounyan Family in Coniston and Aleppo
Jeremy Collingwood

The story of the lives of William Gershom Collingwood, his children Robin and Dora, Dora's husband, Ernest and their five children, Taqui, Susie, Titty, Roger and Brigit. William brings into the story his relationship with John Ruskin, and his part in the relationship of the family with Arthur Ransome and his *Swallows and Amazons* books.

978-1-85058-905-1 192pp Hardback £20

Publishing date November 2011



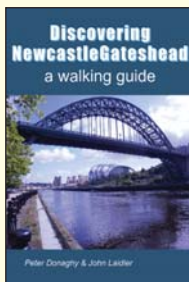
Derbyshire Women

The Headliners of The Day
Jill Armitage

The stories of forty notorious, legendary, renowned, infamous, distinguished celebrated women whose names are woven into the annals of the county of Derbyshire. These are very human stories that we can all relate to because these women share the same things that happen in all kinds of women's lives.

978-1-85058-898-6 160pp £8.99

Publishing date November 2011



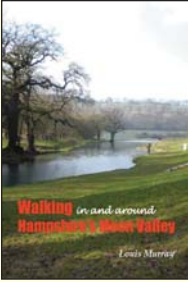
Discovering NewcastleGateshead

A walking guide
Peter Donaghy & John Laidler

26 carefully crafted walks lead to places of historical, architectural and social interest, at times through nooks and crannies that may be new even to long-standing residents. The walks are of varying lengths with opportunities for internal visits and refreshments. To involve children in the discovery process, a number of quiz questions have been included.

978-1-85058-913-6 256pp £10.99

Publishing date November 2011



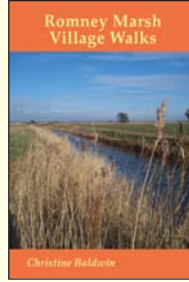
Walking in and around Hampshire's Meon Valley

Louis Murray

The river Meon is one of Hampshire's quintessential chalk streams. It rises from natural springs in the South Downs to the south of the village of East Meon. This book contains the details of 20 walks in the Meon river valley area in southern Hampshire. The walks are suitable for novices, casual walkers, family groups, and experienced ramblers.

978-1-85058-902-0 160pp £8.99

Publishing date December 2011



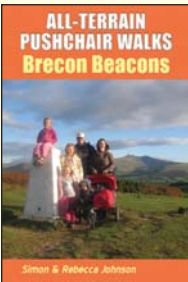
Romney Marsh Village Walks

Christine Baldwin

Visit this mysterious, unspoilt, unforgettable tiny corner of Kent. Romney Marsh once under the sea, later a foridding landscape of reeds and water, today is 100 square miles of exceptional marshland. made up of Romney, Walland and Denge marshes with farmland and tiny villages all telling their own story in the life of the area.

978-1-85058-904-4 144pp £8.99

Publishing date December 2011



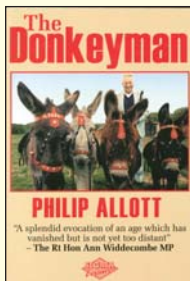
All-Terrain Pushchair Walks Brecon Beacons

Simon Johnson

A comprehensive and practical guide for families with all terrain pushchairs, wishing to enjoy the beauty of the Brecon Beacons. There are 30 graded routes tested and chosen for their suitability by the authors and their five children. Includes a range of high and low level walks, with lakes and mountains.

978-1-85058-909-9 128pp £8.99

Publishing date December 2011

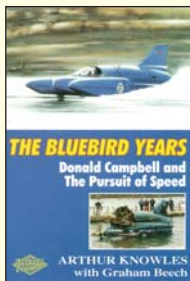


The Donkeyman

Philip Allott

Philip's father was a 'donkeyman' – he bred, hired out, gave rides on and raced a troupe of donkeys. Philip gives a moving unique insight into the strange world of his father's life and business. with a foreword by Ann Widdecombe MP.

978-1-85058-845-0 200pp
£8.95



The Bluebird Years

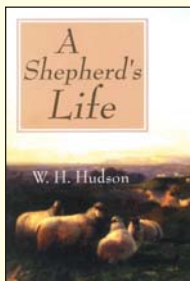
Donald Campbell and the Pursuit of Speed

Arthur Knowles with Graham Beech

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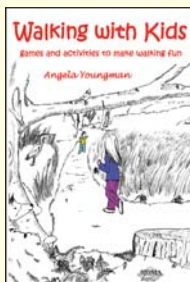


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W H Hudson

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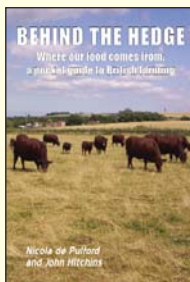
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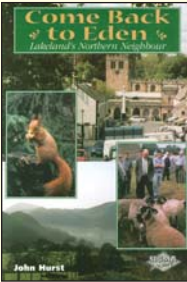
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This beautifully illustrated easy-to-follow guide will help you recognise the crops, farm animals and wildlife on the other side of the hedge.

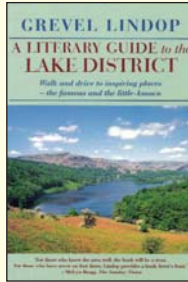
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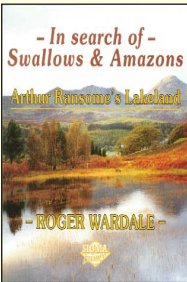
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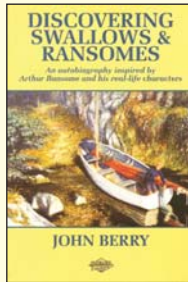
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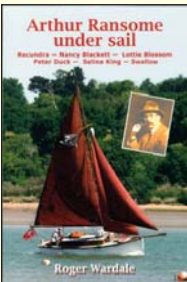


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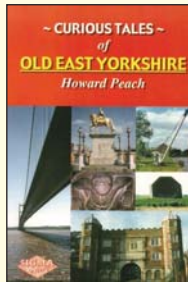
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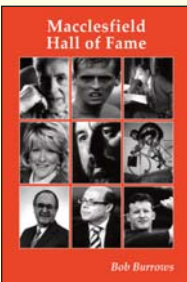
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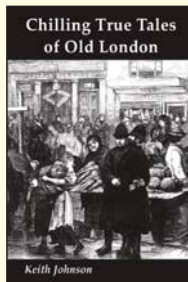
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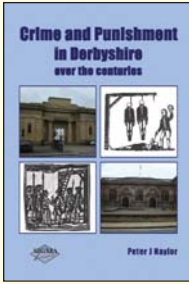
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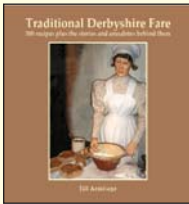
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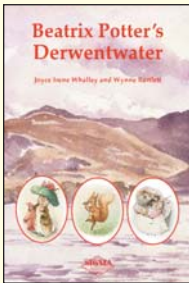
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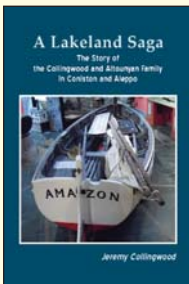
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See the Derwentwater area as Beatrix Potter depicted in her sketches and books. Includes illustrations by Beatrix Potter and background information about the 'Tales' and their creator. Detailed routes are included for 3 walks exploring the wonderful scenery found in her stories.

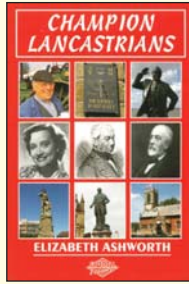
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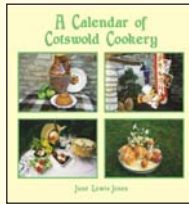
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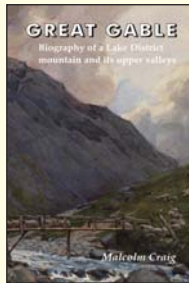
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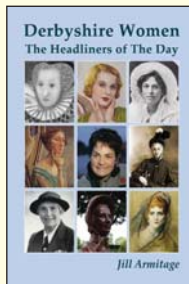
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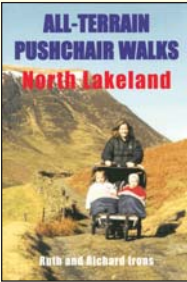
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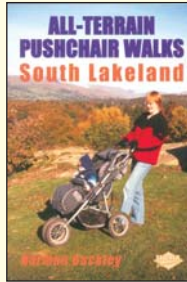


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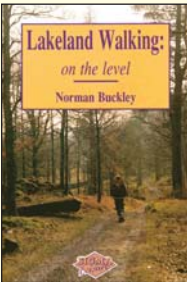


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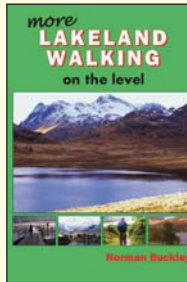


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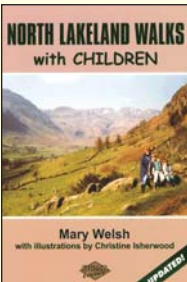


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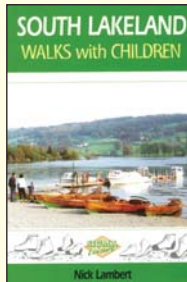


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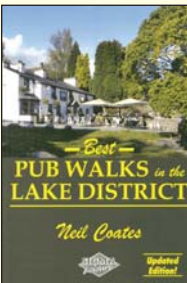


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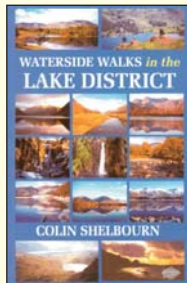


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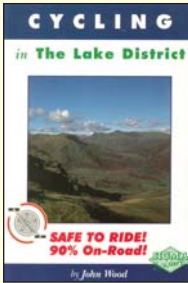


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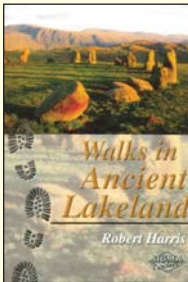


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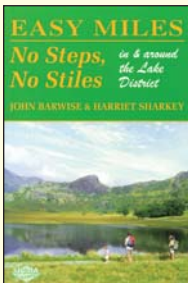


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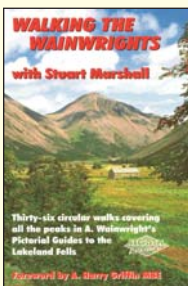


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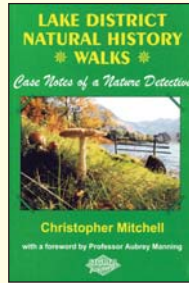
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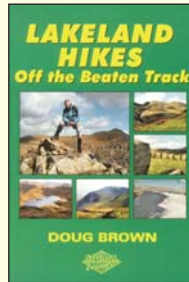
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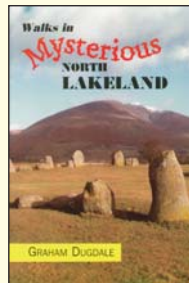


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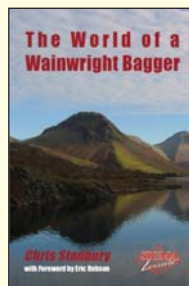


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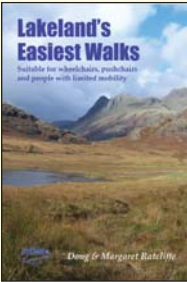


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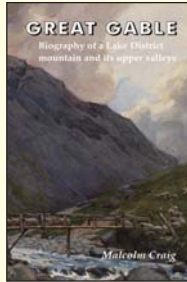


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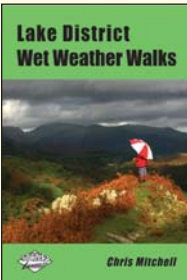


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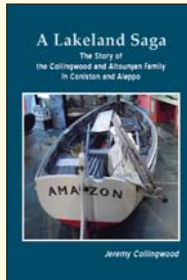


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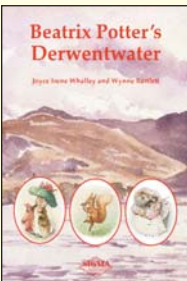
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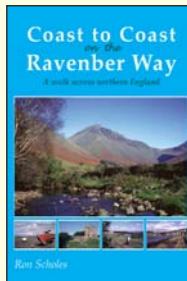


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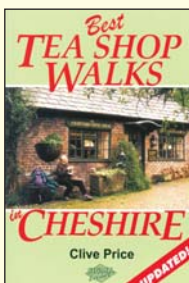


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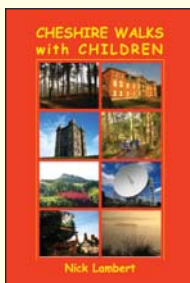
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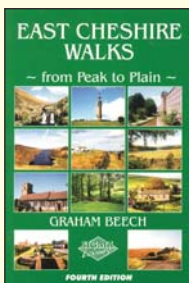


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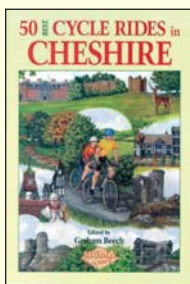


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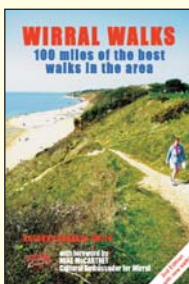
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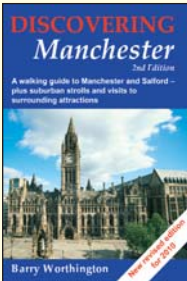
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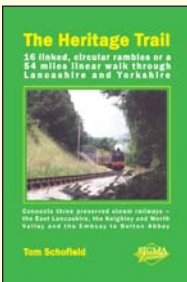
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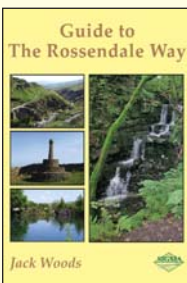
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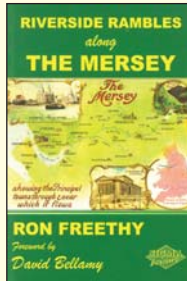
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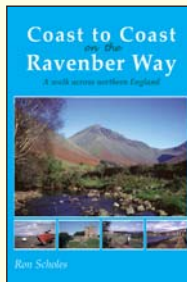
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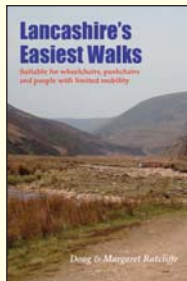
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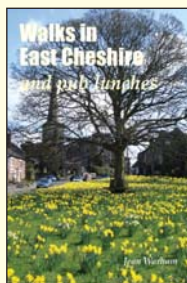


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Although essentially a book for wheelchair users, these 36 short walks are all equally suitable for people with limited mobility and young children.

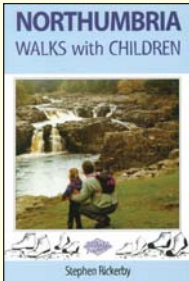
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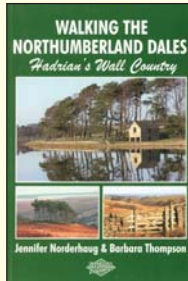


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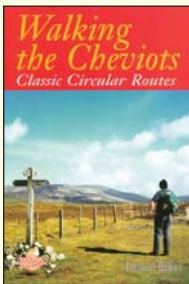


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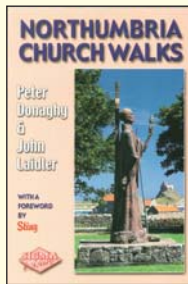


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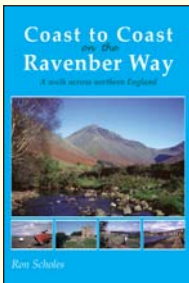


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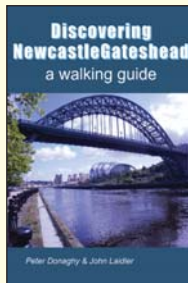


Coast to Coast on the Ravener Way

A walk across northern England
Ron Scholes

Follow existing rights of way in the form of footpaths, bridleways and tracks on this challenging cross-country long-distance journey. The walk starts at Ravensglass on the west and ends at Berwick-upon-Tweed on the east coast.

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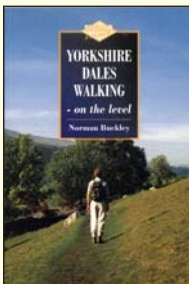


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A walking guide
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26 walks lead to places of historical, architectural and social interest, at times through nooks and crannies that may be new even to long-standing residents. The walks are of varying lengths with opportunities for internal visits and refreshments.

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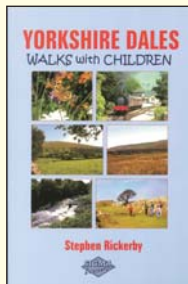


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All the pleasures of the dales without the climbs. This excellent guidebook leads you between the highest parts of this wonderfully scenic area for the very best views. *'... a great buy.'* – Ilkley Gazette

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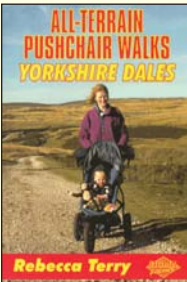
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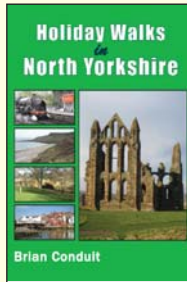
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 30 tried and tested graded pushchair walks – from low-level strolls to more ambitious moorland stomps. Each walk has a simple at-a-glance key, a map and route description and information on refreshments and changing facilities.

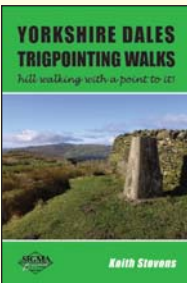
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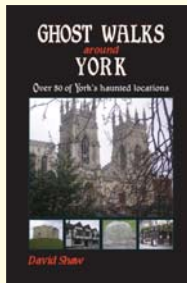
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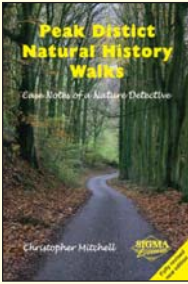
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in the Yorkshire Dales
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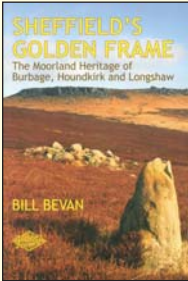


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A practical guide featuring 18 walks exploring the living landscape of this beautiful area. "... a refreshingly-different walk guide which reads more like a Sherlock Holmes novel, full of characters and sub-plots ..." – Roly Smith, President of the Outdoor Writers' Guild.

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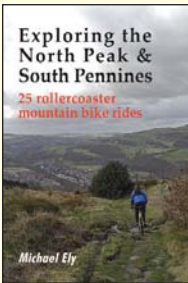


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A celebration of the band of moorlands to the west of Sheffield. Vividly written and brought to life with the author's stunning colour photographs together with paintings, photographs and poems from local people. Includes six self-guided walks.

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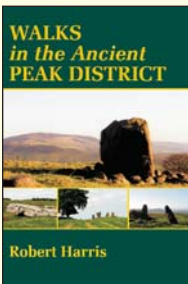
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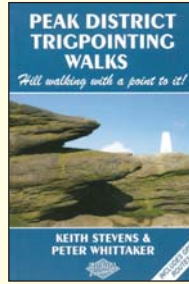


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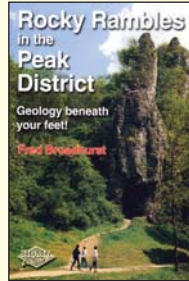


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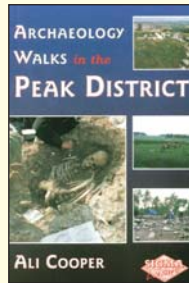


Rocky Rambles In The Peak District

Geology Beneath your feet
Fred Broadhurst

A walking guide with geological surprises at every turn. Detailed maps are included plus parking and refreshment venues. Includes a comprehensive glossary of terms, which covers the identification of Peak District rocks.

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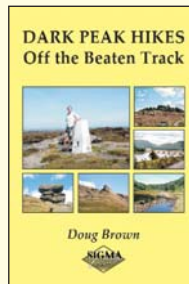
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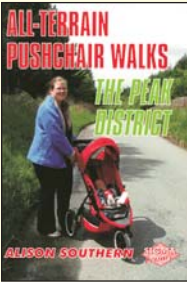


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Off the beaten track
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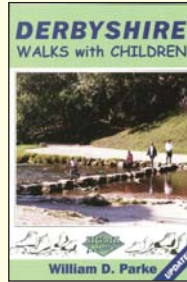


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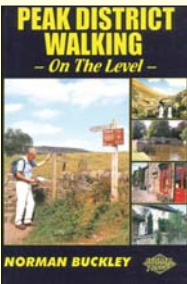


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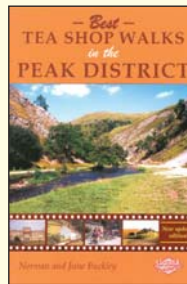


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On The Level
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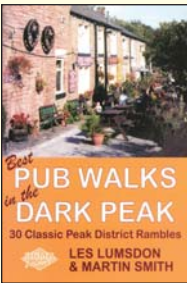


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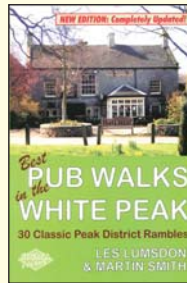


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This new edition covers the high ground of the northern Peak District, covering an area from Chapel-en-le-Frith in the south to Holmfirth in the north. 30 rambles range from 3 to 11 miles and all start or call at one of the many Peakland pubs.

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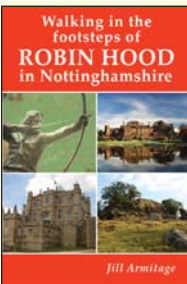


Best Pub Walks in the White Peak 2nd Edition

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Covers the "White Peak" with its typical villages, limestone outcrops, drystone walls and attractive dales. The area stretches from Rudyard in the west to Matlock in the east and from Eyam in the north to Ilam in the south.

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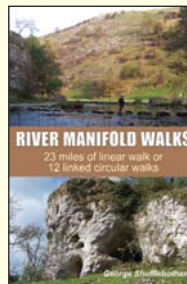


Walking in the Footsteps of Robin Hood

in Nottinghamshire
Jill Armitage

This book roots out the places mentioned in traditional old tales and visits the locations that Robin and his men would have known. Walk through some of middle England's finest countryside to historical sites associated with the outlaw.

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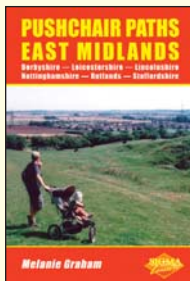
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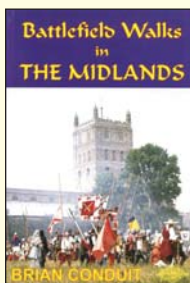


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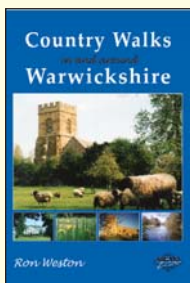


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The Midlands has played a prominent part in the military history of England. Each walk includes a full route description, descriptions of other nearby places of interest and suggestions for follow-up visits.

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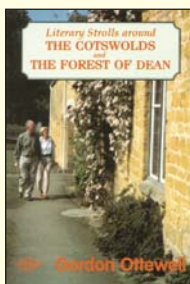


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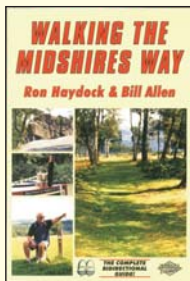


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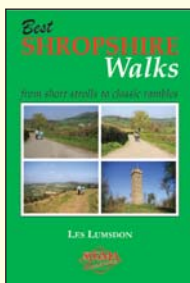


Walking the Midshires Way

Ron Haydock & Bill Allen

This 225-mile footpath/bridleway crosses Middle England, linking the Ridgeway in Buckinghamshire with the Trans-Pennine Trail at Stockport. Includes north/south and south/north walk descriptions, accommodation guide and maps.

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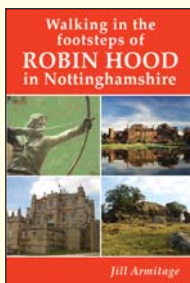
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Les Lumsden

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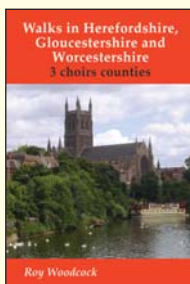
Walking in the Footsteps of Robin Hood

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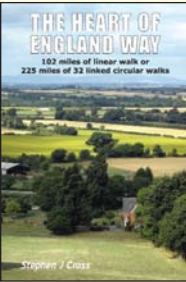
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3 choirs counties

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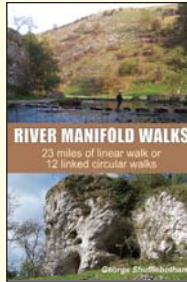


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102 miles of linear walk or 225 miles of 32 linked circular walks
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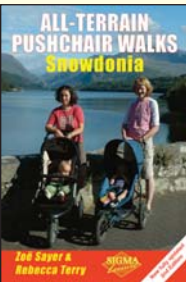


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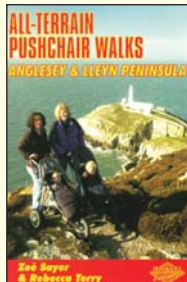


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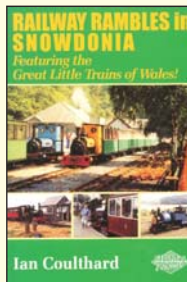


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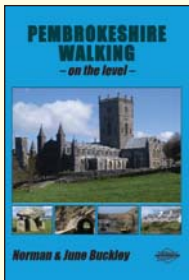


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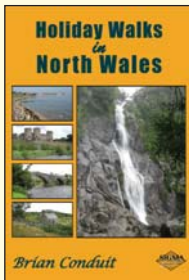


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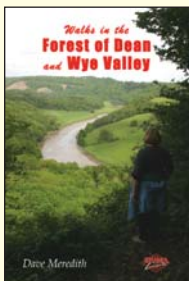


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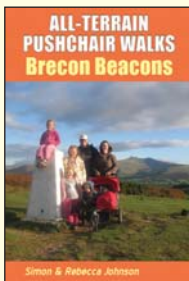


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Dave Meredith

The 22 walks described in this book are along easy footpaths taking you to spectacular viewpoints, along woodland glades carpeted with bluebells, daffodils and foxgloves, and under the dappled shade of its golden autumn canopy.

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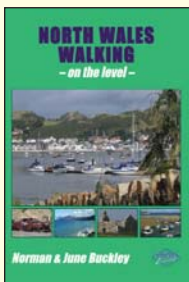


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A guide for families with all terrain pushchairs, wishing to enjoy the beauty of the Brecon Beacons. 30 graded routes tested and chosen for their suitability by the authors. Include a range of high and low level walks, with lakes and mountains.

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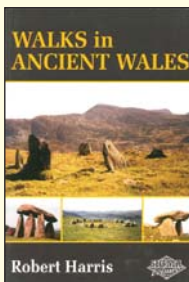


North Wales Walking

On the level
Norman & June Buckley

30 walks covering an area from The Great Orme to Cemlyn Bay. Whilst there are many walks in the mountains, the balance of the book is much enhanced by the inclusion of the Conwy Valley and the Lleyn Peninsula and by Anglesey.

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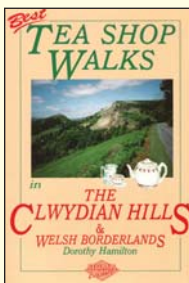


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Visit the sites and monuments from the Neolithic and Bronze ages. Famous and less well-known stone circles, standing stones and burial chambers are included. The author offers his own theories about the purpose and siting of many of these ancient monuments.

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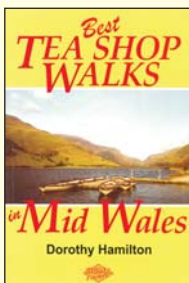


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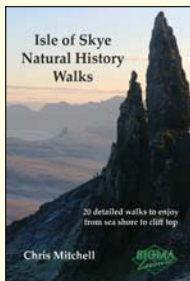


Best Tea Shop Walks in Mid Wales

Dorothy Hamilton

Leisurely rambles with afternoon tea at recommended tea rooms. Visiting both popular and lesser-known areas, these 25 varied walks range from 2 to 9 miles. Clear directions are accompanied by sketch maps, photographs and notes on local history and wildlife.

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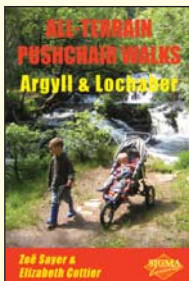


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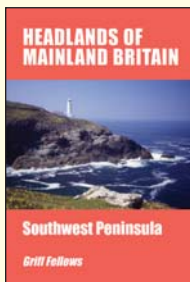


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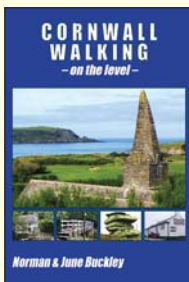


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Gritti Fellows

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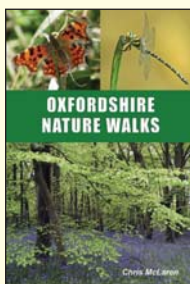


Cornwall Walking on the level

Norman & June Buckley

So many of Cornwall's popular areas need the ability to tackle prolonged and steep climbs, particularly along the South West Coast Path. This book selects and illustrates 28 routes, mainly circular, which explore some of the finest parts of the county, without serious ascent.

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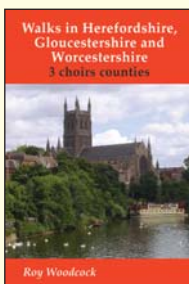


Oxfordshire Nature Walks

Chris McLaren

Oxfordshire retains swathes of beautiful countryside - from the wildness of Otmoor, across rolling Chiltern and Cotswold landscapes to a myriad of wildlife reserves. The author helps the reader explore the wildlife of the region through the seasons and via 24 exciting walks.

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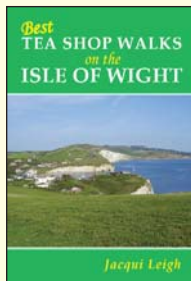


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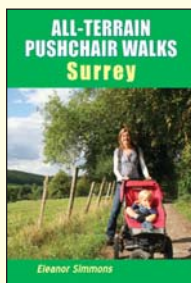


Tea Shop Walks in the Isle of Wight

Jacqui Leigh

The 21 walks in this book vary in length and difficulty; some include at least part suitable for wheelchair users or pushchairs, giving the option of 'there and back' walks. The teashops range from the very tradition to modern cafe style.

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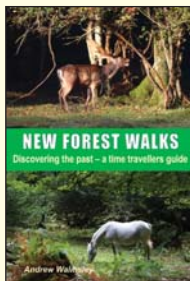
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Eleanor Simmons

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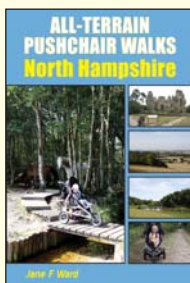
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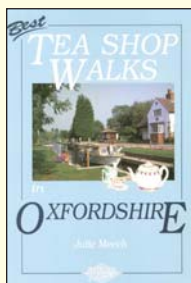
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Jane F Ward

30 carefully selected all-terrain buggy walks in beautiful North Hampshire, from strolls through ancient forests, heathland rambles to spectacular uplands romps. Features detailed walk descriptions, clear maps, local attractions and refreshment stops.

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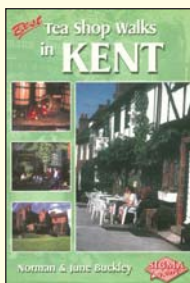


Best Tea Shop Walks in Oxfordshire

Julie Meech

The Cotswolds, the Chilterns, the Thames Valley and even a small share of the Wessex Downs – all these in Oxfordshire. The 25 walks in this guide all include the additional pleasure of a stop for afternoon tea!

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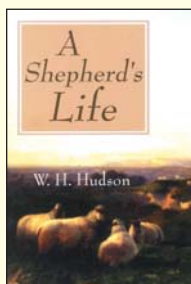


Best Tea Shop Walks in Kent

Norman and June Buckley

25 circular walks of modest length, suitable for all the family, with a carefully selected tea shop in each case. The routes combine attractive small towns and villages with adjacent countryside and/or coast.

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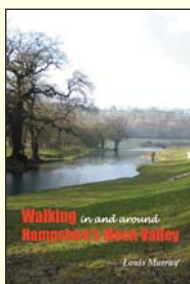


A Shepherd's Life

W H Hudson

This classic narrative of rural life in the late 1800s transports the reader to the vast downs of the Salisbury Plain. It vividly captures life at that time and place, covering every subject related to a shepherd's work and life, from his beloved sheep dog, to the local landowner.

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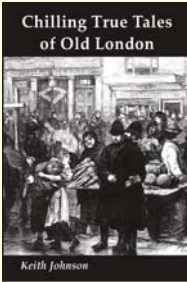


Walking in and around Hampshire's Meon Valley

Louis Murray

This book contains the details of 20 walks in the Meon river valley area in southern Hampshire. The walks are suitable for novices, casual walkers, family groups, and experienced rambles.

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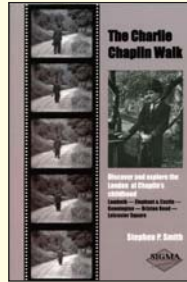


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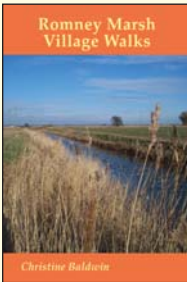


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Explore the London streets of Charlie Chaplin's childhood in a chronological tour that can be taken on foot or from the comfort of an armchair. This book concentrates on the story of Chaplin's formative years and takes a fresh look at the influence they had upon his films.

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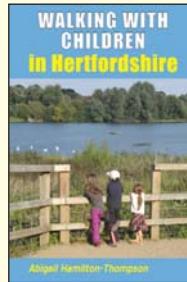


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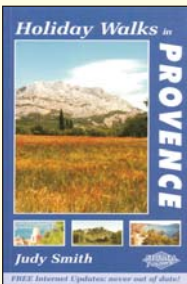


Walking with Children in Hertfordshire

Abigail Hamilton-Thompson

25 circular walks suitable for families and tried out by the author's own children. The book includes questions to answer along the way. All the walks are under 5 miles in length and include exploring the Lee Valley Park and Roxford Grotto wood.

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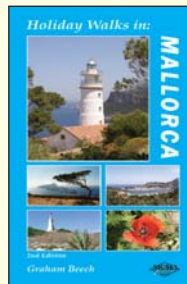


Holiday Walks in Provence

Judy Smith

Offers gentle rambles along the coast, shady strolls in the forest, energetic scrambles to viewpoints, all-day hikes in the hills and gorges. Includes route descriptions, sketch maps, historical and geographical details, folk-lore, and places of interest to walkers.

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